

1 MAY 2026, FRIDAY

TIME	HALLS					
	BECK HALL	ELLIS HALL	PAVLOV HALL	WOLPE HALL	PIAGET HALL	BANDURA HALL
08:00	REGISTRATION					
08:30 - 10:00	PANEL 1 CHAIR: M. HAKAN TÜRKÇAPAR SPEAKERS CANAN BAYRAM EFE BENGÜ YÜCENS ŞENGÜL ALTINÖZ <i>Functional Approach in Classical CBT: Functional Analysis of Emotion, Thought, and Behavior Through a Case Example</i>	MEET THE EXPERT 1 CHAIR: K. FATİH YAVUZ SPEAKERS K. FATİH YAVUZ AHMET NALBANT <i>Acceptance and Commitment Therapy for Couples</i>	MEET THE EXPERT 2 AYĞÜL TUNÇ AKSAN <i>Cognitive Behavioral Intervention for Body Image Dissatisfaction in Adolescents: Assessment, Case Conceptualization, and Treatment Protocol</i>	IN-CONGRESS WORKSHOP 1 CHAIR: VAHDET GÖRMEZ COURSE INSTRUCTOR NURAN GÖZPINAR BADEMÇİ <i>An Executive Access-Focused Modular CBT Approach to Emotion Regulation Difficulties in ADHD</i>	PANEL 2 CHAIR: YAŞIR ŞAFAK SPEAKERS YAŞIR ŞAFAK MEHMET EMRAH KARADERE MERVE TERZİOĞLU <i>Mechanisms of Change in Obsessive-Compulsive Disorder: From Control to Acceptance, from Relationship to Flexibility</i>	IN-CONGRESS WORKSHOP 2 EBRU ŞALCIOĞLU <i>Formulation-Based Transdiagnostic CBT: Selecting and Implementing Behavioral Methods</i>
10:00 - 10:30	COFFEE BREAK					
10:30 - 12:00	ROUND TABLE MEETING 1 CHAIR: K. FATİH YAVUZ SPEAKERS K. FATİH YAVUZ SEVİNÇ ULUSOY AHMET NALBANT <i>On the Therapeutic Relationship</i>	ROUND TABLE MEETING 2 CHAIR: BENGÜ YÜCENS SPEAKERS AYŞEGÜL KART DALYAN CANAN BAYRAM EFE AYŞEGÜL KERVANCIOĞLU <i>Three Different Approaches in the Psychotherapeutic Treatment of Chronic Depression: Metacognitive Therapy, Schema Therapy, and Cognitive Behavioral Analysis System of Psychotherapy (CBASP)</i>	MEET THE EXPERT 3 ELİF BARIŞKIN <i>Stress Management with Cognitive Behavioral Therapy</i>	IN-CONGRESS WORKSHOP 1 CHAIR: VAHDET GÖRMEZ COURSE INSTRUCTOR NURAN GÖZPINAR BADEMÇİ <i>An Executive Access-Focused Modular CBT Approach to Emotion Regulation Difficulties in ADHD</i>	PANEL 3 CHAIR: ALİ ERCAN ALTINÖZ SPEAKERS KEREM PARLAR BERKE TUĞ AHSEN AYBÜKE YILDIRIM <i>From Childhood to Adulthood; From Traditional to Digital: Intervention Methods in ADHD</i>	IN-CONGRESS WORKSHOP 2 EBRU ŞALCIOĞLU <i>Formulation-Based Transdiagnostic CBT: Selecting and Implementing Behavioral Methods</i>
12:00 - 13:00	LUNCH BREAK					
13:00 - 14:00	INVITED SPEAKER 1 LUISA WEINER <i>Targeting Emotion Dysregulation in Autistic Adults Without Intellectual Disability</i>	INVITED SPEAKER 2 SATWANT SINGH <i>Understanding Challenges with Treating Hoarding Disorder</i>	INVITED SPEAKER 3 METEHAN IRAK <i>Metacognitive Processes in Psychopathology: From Cognitive-Behavioral Interventions to Neuropsychological and Neural Evidence</i>	INVITED SPEAKER 4 EBRU ŞALCIOĞLU <i>CBT as an Integrative Framework: From Mechanisms of Change to Individualized Effective Psychotherapy</i>	ORAL PRESENTATION SESSION 1 CHAIR: CANAN BAYRAM EFE	ORAL PRESENTATION SESSION 2 CHAIR: FATİH YIĞMAN
14:00 - 14:30	COFFEE BREAK					
14:30 - 16:00	SKILL DEVELOPMENT SESSION 1 CHAIR: M. HAKAN TÜRKÇAPAR SKILLS TRAINERS HAKAN TÜRKÇAPAR SELİN TUTKU TABUR <i>The Therapeutic Relationship in Cognitive Behavioral Therapy</i>	PANEL 4 CHAIR: KADIR ÖZDEL SPEAKERS CANAN BAYRAM EFE FATİH YIĞMAN H. ALP KARAOŞMANOĞLU <i>Integrative Approaches in Schema Therapy: Layered Structure, Hierarchical Organization, and Biological Foundations</i>	MEET THE EXPERT 4 CHAIR: OSMAN SÖNER SPEAKERS OSMAN SÖNER SÜMEYYE DÜNDAR <i>The Use of Artificial Intelligence in Cognitive Behavioral Therapy: Chatbots, Digital Interventions, and Clinical Boundaries</i>	IN-CONGRESS WORKSHOP 3 ANNE MARIE ALBANO <i>When Children Avoid School: Strategies for Engaging Youth, Parents, and Educators</i>	SKILL DEVELOPMENT SESSION 2 ÖZLEM ATAÖĞLU <i>Developing Acceptance and Distress Tolerance through Dialectical Behavior Therapy</i>	IN-CONGRESS WORKSHOP 4 K. FATİH YAVUZ <i>"In the Beginning Was the Word!": Deepening Psychotherapy through Relational Frame Theory (RFT)</i>
16:00 - 16:30	COFFEE BREAK					
16:30 - 18:00	PANEL 5 CHAIR: HAKAN ÖĞÜTLÜ SPEAKERS EMİNE SERRA NEBATİ BÜŞRA KAVLA <i>The Use of Third-Wave Cognitive Behavioral Therapies in the Context of Body Dissatisfaction and Emotional Eating</i>	MEET THE EXPERT 5 LEVENT SÜTÇİĞİL <i>From Cave Paintings to Modern Literature: Storytelling and Healing</i>	PANEL 6 CHAIR: BENGÜ YÜCENS SPEAKERS SELİN TUTKU TABUR ERKAN KURU SEVİLAY UMUT KILINÇ <i>New Perspectives in the Treatment of Persistent Depressive Disorder: A Clinical Roadmap with Cognitive Behavioral Analysis System of Psychotherapy (CBASP)</i>	IN-CONGRESS WORKSHOP 3 ANNE MARIE ALBANO <i>When Children Avoid School: Strategies for Engaging Youth, Parents, and Educators</i>	PANEL 7 CHAIR: SELÇUK ASLAN SPEAKERS LEMAN DENİZ TARLACIK ÖMER KARDAŞ HAKAN TOKUR <i>A Paradigm Shift in Behavioral Addictions: Digital Superstimuli, Neurobiology, and CBT Interventions</i>	IN-CONGRESS WORKSHOP 4 K. FATİH YAVUZ <i>"In the Beginning Was the Word!": Deepening Psychotherapy through Relational Frame Theory (RFT)</i>
17:00 - 18:30	OPENING CEREMONY					
18:30 - 20:00	OPENING COCKTAIL					