1 MAY 2026, FRIDAY

TIME	HALLS					
	BECK HALL	ELLIS HALL	PAVLOV HALL	WOLPE HALL	PIAGET HALL	BANDURA HALL
08:00	**REGISTRATION**					
08:30 - 10:00	**PANEL 1** CHAIR: M. HAKAN TÜRKÇAPAR SPEAKERS CANAN BAYRAM EFE BENGÜ YÜCENS ŞENGÜL ALTINÖZ *Functional Approach in Classical CBT: Functional Analysis of Emotion, Thought, and Behavior Through a Case Example*	**MEET THE EXPERT 1** CHAIR: K. FATİH YAVUZ SPEAKERS K. FATİH YAVUZ AHMET NALBANT *Acceptance and Commitment Therapy for Couples*	**MEET THE EXPERT 2** AYGÜL TUNÇ AKSAN *Cognitive Behavioral Intervention for Body Image Dissatisfaction in Adolescents: Assessment, Case Conceptualization, and Treatment Protocol*	**IN-CONGRESS WORKSHOP 2** EBRU ŞALCIOĞLU *Formulation-Based Transdiagnostic CBT: Selecting and Implementing Behavioral Methods*	**PANEL 2** CHAIR: YASİR ŞAFAK SPEAKERS YASİR ŞAFAK MEHMET EMRAH KARADERE MERVE TERZİOĞLU *Mechanisms of Change in Obsessive-Compulsive Disorder: From Control to Acceptance, from Relationship to Flexibility*	**IN-CONGRESS WORKSHOP 1** CHAIR: VAHDET GÖRMEZ COURSE INSTRUCTOR NURAN GÖZPINAR BADEMCİ *An Executive Access–Focused Modular CBT Approach to Emotion Regulation Difficulties in ADHD*
10:00 - 10:30	**COFFEE BREAK**					
10:30 - 12:00	**ROUND TABLE MEETING 1** CHAIR: K. FATİH YAVUZ SPEAKERS K. FATİH YAVUZ SEVİNÇ ULUSOY AHMET NALBANT *On the Therapeutic Relationship*	**ROUND TABLE MEETING 2** CHAIR: BENGÜ YÜCENS SPEAKERS AYŞEGÜL KART DALYAN CANAN BAYRAM EFE AYŞEGÜL KERVANCIOĞLU *Three Different Approaches in the Psychotherapeutic Treatment of Chronic Depression: Metacognitive Therapy, Schema Therapy, and Cognitive Behavioral Analysis System of Psychotherapy (CBASP)*	**MEET THE EXPERT 3** ELİF BARIŞKIN *Stress Management with Cognitive Behavioral Therapy*	**IN-CONGRESS WORKSHOP 2** EBRU ŞALCIOĞLU *Formulation-Based Transdiagnostic CBT: Selecting and Implementing Behavioral Methods*	**PANEL 3** CHAIR: ALİ ERCAN ALTINÖZ SPEAKERS KEREM PARLAR BERKE TUĞ AHSEN AYBÜKE YILDIRIM *From Childhood to Adulthood; From Traditional to Digital: Intervention Methods in ADHD*	**IN-CONGRESS WORKSHOP 1** CHAIR: VAHDET GÖRMEZ COURSE INSTRUCTOR NURAN GÖZPINAR BADEMCİ *An Executive Access–Focused Modular CBT Approach to Emotion Regulation Difficulties in ADHD*
12:00 - 13:00	**LUNCH BREAK**					
13:00 - 14:00	**INVITED SPEAKER 1** LUISA WEINER *Targeting Emotion Dysregulation in Autistic Adults Without Intellectual Disability*	**INVITED SPEAKER 2** SATWANT SINGH *Understanding Challenges with Treating Hoarding Disorder*	**INVITED SPEAKER 3** MÜJGAN İNÖZÜ *The Cognitive Model of OCD and the Future of Its Treatment in Light of Cross-Cultural Findings*	**INVITED SPEAKER 4** EBRU ŞALCIOĞLU *CBT as an Integrative Framework: From Mechanisms of Change to Individualized Effective Psychotherapy*	**ORAL PRESENTATION SESSION 1** CHAIR: CANAN BAYRAM EFE	**ORAL PRESENTATION SESSION 2** CHAIR: FATİH YIĞMAN
14:00 - 14:30	**COFFEE BREAK**					
14:30 - 16:00	**SKILL DEVELOPMENT SESSION 1** CHAIR: M. HAKAN TÜRKÇAPAR SKILLS TRAINERS M. HAKAN TÜRKÇAPAR SELİN TUTKU TABUR *The Therapeutic Relationship in Cognitive Behavioral Therapy*	**PANEL 4** CHAIR: KADİR ÖZDEL SPEAKERS CANAN BAYRAM EFE FATİH YIĞMAN H. ALP KARAOSMANOĞLU *Integrative Approaches in Schema Therapy: Layered Structure, Hierarchical Organization, and Biological Foundations*	**MEET THE EXPERT 4** CHAIR: OSMAN SÖNER SPEAKERS OSMAN SÖNER SÜMEYYE DÜNDAR *The Use of Artificial Intelligence in Cognitive Behavioral Therapy: Chatbots, Digital Interventions, and Clinical Boundaries*	**IN-CONGRESS WORKSHOP 4** K. FATİH YAVUZ *"In the Beginning Was the Word!": Deepening Psychotherapy through Relational Frame Theory (RFT)*	**SKILL DEVELOPMENT SESSION 2** ÖZLEM ATAOĞLU *Developing Acceptance and Distress Tolerance through Dialectical Behavior Therapy*	
16:00 - 16:30	**COFFEE BREAK**					
16:30 - 18:00	**PANEL 5** CHAIR: HAKAN ÖĞÜTLÜ SPEAKERS EMİNE SERRA NEBATİ BÜŞRA KAVLA *The Use of Third-Wave Cognitive Behavioral Therapies in the Context of Body Dissatisfaction and Emotional Eating*	**MEET THE EXPERT 5** LEVENT SÜTÇİGİL *From Cave Paintings to Modern Literature: Storytelling and Healing*	**PANEL 6** CHAIR: BENGÜ YÜCENS SPEAKERS SELİN TUTKU TABUR ERKAN KURU SEVİLAY UMUT KILINÇ *New Perspectives in the Treatment of Persistent Depressive Disorder: A Clinical Roadmap with Cognitive Behavioral Analysis System of Psychotherapy (CBASP)*	**IN-CONGRESS WORKSHOP 4** K. FATİH YAVUZ *"In the Beginning Was the Word!": Deepening Psychotherapy through Relational Frame Theory (RFT)*	**PANEL 7** CHAIR: SELÇUK ASLAN SPEAKERS LEMAN DENİZ TARLACIK ÖMER KARDAŞ HAKAN TOKUR *A Paradigm Shift in Behavioral Addictions: Digital Superstimuli, Neurobiology, and CBT Interventions*	
18:00 - 18:30	**OPENING CEREMONY**					