

# 3 MAY 2026, SUNDAY

TIME	HALLS				
	BECK HALL	ELLIS HALL	PAVLOV HALL	WOLPE HALL	PIAGET HALL
08:30 - 10:00	<b>PANEL 16</b> <u>CHAIR:</u> KADİR ÖZDEL <u>SPEAKERS</u> SELİN TUTKU TABUR SELİN KAHVECİOĞLU OCAK BARAN KARABULUT <i>Working as a Psychotherapist with Psychiatrically Diagnosed Groups: Clinical Skills in Cognitive Behavioral Psychotherapy</i>	<b>SKILL DEVELOPMENT SESSION 9</b> <u>CHAIR:</u> SEDAT BATMAZ <u>SKILLS TRAINERS</u> SEDAT BATMAZ CANAN BAYRAM EFE <i>Alternative Approaches to Borderline Personality Disorder: Schema Therapy and Metacognitive Therapy</i>	<b>PANEL 17</b> <u>CHAIR:</u> HAKAN ÖĞÜTLÜ <u>SPEAKERS</u> FATMA NALAN BİNGÖL SİMAY ÇEPNİ HAKAN ÖĞÜTLÜ <i>CBT Applications for Social Difficulties in Children and Adolescents</i>	<b>SKILL DEVELOPMENT SESSION 10</b> <u>CHAIR:</u> K. FATİH YAVUZ <u>SKILLS TRAINER</u> MERVE TERZİOĞLU <i>Acceptance and Commitment Therapy in Psychotic Disorders</i>	<b>MEET THE EXPERT 10</b> <u>CHAIR:</u> SELÇUK ASLAN <u>SPEAKER</u> NİHAN ŞAHİN <i>Virtual Reality-Assisted Cognitive Behavioral Psychotherapy: Clinical Application and Practical Experiences Through Specific Phobia Cases</i>
10:00 - 10:30	<b>COFFEE BREAK</b>				
10:30 - 12:00	<b>SKILL DEVELOPMENT SESSION 11</b> <u>CHAIR:</u> ŞENGÜL İLKAY <u>SKILLS TRAINERS</u> ŞENGÜL İLKAY SEMA NUR TÜRKOĞLU DİKMEN TELLİ KIRAÇ KURU <i>ACT and CBT in Eating Disorders Through Cases: Case Formulations and Interventions</i>	<b>PANEL 18</b> <u>CHAIR:</u> KADİR ÖZDEL <u>SPEAKERS</u> PELİN KAYMAN ÖZGE ŞEN <i>The "Here-and-Now Technique" While Working with CBT in Personality Patterns</i>	<b>PANEL 19</b> <u>CHAIR:</u> GİZEM KAHYAOĞLU <u>SPEAKERS</u> ÖZLEM ÖZTÜRK SİMGE ORTAÇ KOÇ GİZEM KAHYAOĞLU <i>Symptom-Focused and Deep-Level Approaches: Exploring the Level of Intervention in CBT</i>	<b>SKILL DEVELOPMENT SESSION 12</b> <u>CHAIR:</u> SELÇUK ASLAN <u>SKILLS TRAINERS</u> SELÇUK ASLAN ELA ÖNCEL ARI <i>Contact with Art and Change: A Compassion and Mindfulness-Oriented Therapeutic Experience</i>	<b>SKILL DEVELOPMENT SESSION 13</b> ÖZLEM ATAĞLU <i>One Case, Two Approaches: An Eclectic Intervention with Schema Therapy and DBT (Dialectical Behavior Therapy)</i>
12:00 - 13:00	<b>CLOSING CEREMONY</b>				