3 MAYIS 2026, SUNDAY

TIME	HALLS				
	BECK HALL	**ELLIS HALL**	**PAVLOV HALL**	**WOLPE HALL**	**PIAGET HALL**
08:30 - 10:00	**PANEL 16** CHAIR: KADİR ÖZDEL SPEAKERS SELİN TUTKU TABUR SELİN KAHVECİOĞLU OCAK BARAN KARABULUT *Working as a Psychotherapist with Psychiatrically Diagnosed Groups: Clinical Skills in Cognitive Behavioral Psychotherapy*	**SKILL DEVELOPMENT SESSION 9** CHAIR: SEDAT BATMAZ SKILLS TRAINERS SEDAT BATMAZ CANAN BAYRAM EFE *Alternative Approaches to Borderline Personality Disorder: Schema Therapy and Metacognitive Therapy*	**PANEL 17** CHAIR: HAKAN ÖĞÜTLÜ SPEAKERS FATMA NALAN BİNGÖL SİMAY ÇEPNİ HAKAN ÖĞÜTLÜ *CBT Applications for Social Difficulties in Children and Adolescents*	**SKILL DEVELOPMENT SESSION 10** CHAIR: K. FATİH YAVUZ SKILLS TRAINER MERVE TERZİOĞLU *Acceptance and Commitment Therapy in Psychotic Disorders*	**MEET THE EXPERT 10** CHAIR: SELÇUK ASLAN SPEAKER NİHAN ŞAHİN *Virtual Reality-Assisted Cognitive Behavioral Psychotherapy: Clinical Application and Practical Experiences Through Specific Phobia Cases*
10:00 - 10:30	**COFFEE BREAK**				
10:30 - 12:00	**SKILL DEVELOPMENT SESSION 11** CHAIR: ŞENGÜL İLKAY SKILLS TRAINERS ŞENGÜL İLKAY SEMA NUR TÜRKOĞLU DİKMEN TELLİ KIRAÇ KURU *ACT and CBT in Eating Disorders Through Cases: Case Formulations and Interventions*	**PANEL 18** CHAIR: KADİR ÖZDEL SPEAKERS PELİN KAYMAN ÖZGE ŞEN *The "Here-and-Now Technique" While Working with CBT in Personality Patterns*	**PANEL 19** CHAIR: GİZEM KAHYAOĞLU SPEAKERS ÖZLEM ÖZTÜRK SİMGE ORTAÇ KOÇ GİZEM KAHYAOĞLU *Symptom-Focused and Deep-Level Approaches: Exploring the Level of Intervention in CBT*	**SKILL DEVELOPMENT SESSION 12** CHAIR: SELÇUK ASLAN SKILLS TRAINERS SELÇUK ASLAN ELA ÖNCEL ARI *Contact with Art and Change: A Compassion and Mindfulness-Oriented Therapeutic Experience*	**SKILL DEVELOPMENT SESSION 13** ÖZLEM ATAOĞLU *One Case, Two Schools: An Eclectic Intervention with Schema Therapy and DBT*
12:00 - 13:00	**CLOSING CEREMONY**				